

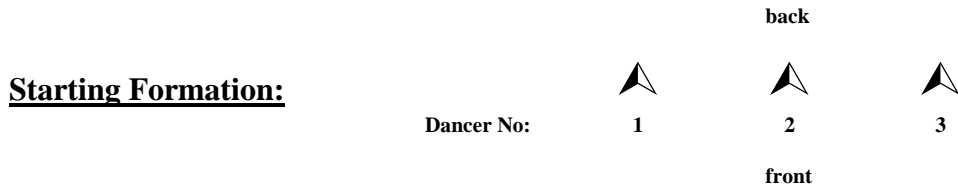
MEGABLAST

High Intermediate Trio Dance

music: Real McCoy, **CD:** Another Night U.S- Album, BMG 7 43212 72722 7 **time 5:09**
Real McCoy, **Record:** Megablast, ARISTA 07822-12834-7, **time 4:57**

choreo: Jeff Driggs, 29A Lake Chaweva, Cross Lanes, WV 25313 (304)776-5233
adapted by Brigitte Lanatowitz, The Mixture SDCC Bremen

sequence: CD: wait 48 beats **A B C D E F A B C Ending** (in pose)
Record: wait 16 beats **A B C D E F A B C Ending** (in pose)

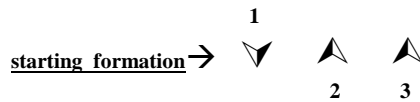


Part A		----1/ 2 R---- (to face front)					(clap hands over your head)	
Jazz Box &	S	S(xif)	S(ib)	S(ots)	S	TCH (s)/clap	S	TCH (s)/clap
2 Step Touch	L	R	L	R	L	R	R	L
L&R	1	2	3	4	5	6	7	8

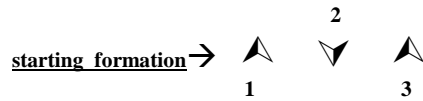
Description Part A



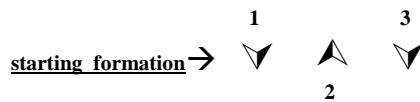
Jazz Box **1/ 2 R**
2 Step Touches
then:



Jazz Box **1/ 2 R**
2 Step Touches
then:



Jazz Box **1/ 2 R**
2 Step Touches
then:



Jazz Box **no turn**

Jazz Box **1/ 2 R**

Jazz Box **no turn**





STOP

(all dancers) **right hand on beat 5**



hold **3** beats (all dancers facing front)

Part B

	-1/4 L-					
Stomp Double	STOMP	DS	DS	RS		
	L	R	L	RL		
	1	&2	&3	&4		
Hop Heel	Hop	H(if)/	punch	R	Hop	H(if)/
	R	L			L	R
	&	5			&	6
						
						(make a fist and punch)
3 Walk	S(ib)	S	S(if)			
	R	L	R			
	7	&	8			

repeat all above **3** times (to face all four walls)

Description of Part B

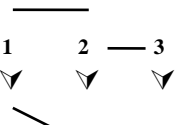
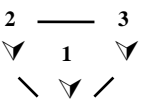
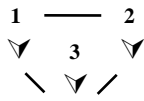
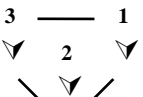

				1	2	3		
				▼	▼	▼		
	Starting Formation:							
start section ②		1▶	2▶	3▶				
					start section ④	1◀	2◀	3◀
start section ③		▲	▲	▲				
		1	2	3	ending formation	1	2	3
						▼	▼	▼

Part C

Scissors	DT/ out		in	out	in	out	in	SL/ up
in place	L both		L/R(if)	both	L(if)/R	both	L(H if)R	R L
2 Basic	DS RS		DS RS					move in Volleyball Rotation
L&R	L RL		R LR					

Description of Part C

Volleyball Rotation in Triangle Position

① Scissors in place:		⑤ Scissors in place	
② 2 Basic L&R move to this position:		⑥ 2 Basic L&R move to this position:	
③ Scissors in place		⑦ Scissors in place	
④ 2 Basic L&R move to this position:		⑧ 2 Basic L&R move to this position:	
			ending right hand straight up in the air

„Bend or Twist“ (Roboter)

<u>Description:</u>		<u>starting formation</u>					<u>starting formation</u>		
		Dancer No:	1	2			3	Dancer No:	1
			up	up	up				
Dancer No:	1	2	3	Dancer No:	1	2	3		
beat	1				5				
		left	bend down	left		right	bend down	right	
Dancer No:	1	2	3	Dancer No:	1	2	3		
beat	2				6				
		up	up	up		up	up	up	
Dancer No:	1	2	3	Dancer No:	1	2	3		
beat	3				7				
		bend down	left	bend down		bend down	right	bend down	
Dancer No:	1	2	3	Dancer No:	1	2	3		
beat	4				8				
		up	up	up		up	up	up	

the same routine, but **another description**

Dancer

No. 1 & 3								
	left	up	bend down	up	right	up	bend down	up
beat	1	2	3	4	5	6	7	8

Dancer

No. 2								
	bend down	up	left	up	bend down	up	right	up
beat	1	2	3	4	5	6	7	8

then **Chorus Line Rotation** with **4 Rocking Chairs**

4 Rocking Chairs DS BR/H DS RS turn 1/4 L each

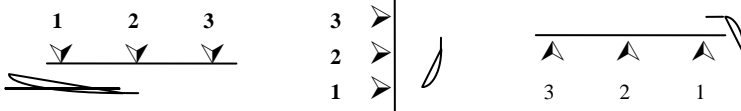
(2 Rocking Chairs Part E) L R L R LR

(2 Rocking Chairs Part F) &1 & 2 &3 &4

the dancers formed a line and hold this formation when they are turning on the Rocking Chairs

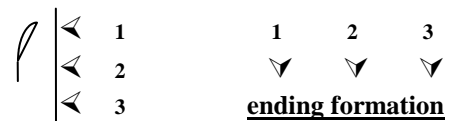
Description:

Starting Formation:

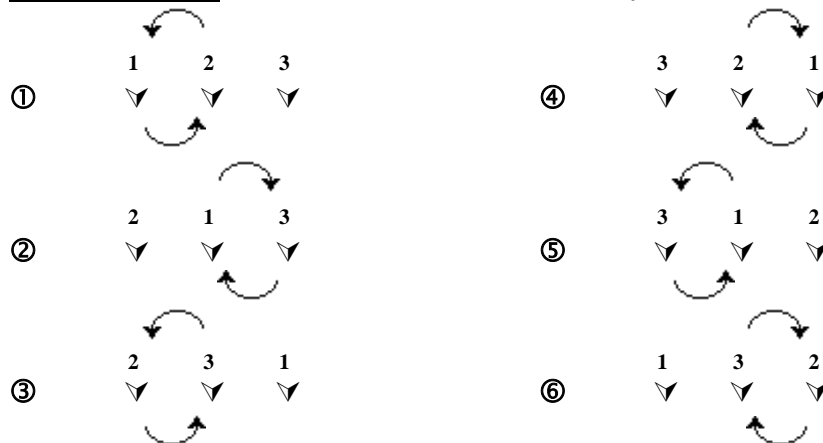


Part F

then the last part of **Chorus Line Rotation** with **2 Rocking Chairs** (look Part E)



Braid The Line with **8 Basics** (no turn in your direction):



After 6 Basics **Dancer No. 1** will be home.

⑦ **Dancer No. 2** and **No. 3** will be back on the Basic 8

Basic	DS RS	DS RS
L&R	L RL	R LR
	&1 &2	&3 &4
Karate Turn	DS KK	(turn 1/2 left) DS KK SL
	L R	R L R
	&1 &	2 &3 & 4

Start the routine again **A B C Ending**

Ending



right hand up in the air (You are ready with the routine but the music is still going on)

